

# 1ST ANNUAL CONFERENCE

# HOSPICE: It's More Than *you think...*

*Sustaining hope in the final chapter*

**October 21, 2011 • 9:00 am – 4:00 pm**  
**TTU Whitson-Hester School of Nursing**

## HOSPICE: IT'S MORE THAN YOU THINK PROGRAM AGENDA AT-A-GLANCE

8:00 – 8:45 AM	Registration and Continental Breakfast
8:45 – 9:00	Welcome and Introductions
9:00 – 9:50	A Vision of Good Hospice Care <i>James R. Meadows, MD</i>
10:00 – 10:50	The Patient/Family System <i>Bernice O'Rourk, RN, MSN</i>
11:00 – 11:50	The Medical System <i>Sally Aldrich, RN, MSN</i>
11:50 – 1:30 PM	Catered Lunch & Booth Visitation
1:30 – 2:20	Speaker Panel/Questions from the Audience
2:30 – 3:20	Shepherding the Patient and Family Through the Process <i>James R. Meadows, MD</i>
3:30 – 4:00	A Call to Action <i>Bishop Felton Smith, PhD</i>

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**REGISTER BY OCTOBER 17**  
Please mail this registration card in the enclosed business reply envelope or mail to:  
**CRMC Foundation**  
**1 Medical Center Boulevard**  
**Cookeville, TN 38501**  
Contact Hour Credits \$15.00: This activity has been submitted to the Tennessee Nurses Association for approval to award contact hours. Tennessee Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.  
CME Credits \$15.00: Application for CME credit has been filed with the American Academy of Family Physicians(AAFP). Determination of Credit is pending. (AAFP credit is interchangeable with AMA credit.)  
CE Credits for Social Workers are being requested.

### Method of Payment

Names of Attendees  
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Contact Hrs YES  NO  CME YES  NO

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• Check: Please make checks payable to *CRMC Foundation*  
• Money Enclosed:  \$15.00 (contact Hours Application Fee - Per Person)  \$15.00 (CME Application Fee - Per Person)  
 No money enclosed (no Contact Hours or CME's needed) TOTAL ENCLOSED  
• Credit Card: Charge to:  MasterCard  VISA Card No. .... Exp. Date .....

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For more information, please contact the CRMC Foundation at 931-783-2037.  
You may make copies of this form if needed.

Join us for the first Upper Cumberland Regional Hospice Conference, a collaboration of several organizations and agencies in the region with an interest in hospice care. This conference is planned to be an annual event with an underlying theme in mind – to promote the goal of the medical community, hospice services and the public working together in mutual understanding as they ethically, sensitively and expertly minister to the needs of the dying and grieving.

**A VISION OF GOOD HOSPICE CARE**

**9:00 – 9:50 a.m.**  
**James R. Meadows, MD**  
**National Medical Director,**  
**South Region**  
**Gentiva Health Systems**  
**Gallatin, TN**



What kind of support do patients need in order to accomplish their "bucket lists" goals? What are the characteristics of a "good death"? This presentation will review the goal of hospice care, characterize a proper hospice patient, discuss the hospice interdisciplinary team members and their roles in providing ethically excellent care, present real case studies of both "good" and "bad" death experiences, and offer suggestions on promoting end-of-life discussions in a culture of resistance.

**SHEPHERDING THE PATIENT AND FAMILY THROUGH THE PROCESS**

**2:30-3:20 p.m.**  
**James R. Meadows, MD**  
**National Medical Director, South Region**  
**Gentiva Health Systems**  
**Gallatin, TN**

This session focuses on how primary health care providers and families can work together using the resources available in the current health care system, to empower patients to write a positive final chapter in the story of their life. In the absence of an involved primary care provider or staff, this session will provide direction to others who are trying to shepherd a patient through terminal illness. In the absence of a hospice consultation, this session will describe how to continue to support quality, patient centered, end-of-life care.

**THE PATIENT/FAMILY SYSTEM**

**10:00-10:50 a.m.**  
**Bernice O'Rourke, RN, MSN**  
**Retired, Founding Director**  
**Ohio Hospice Organization**  
**Sparta, TN**



Presenting a terminal illness or facilitating the transition into the terminal phase of a chronic illness is a difficult and complex art. This session will focus on how we can support patients and their families to develop agreement and cohesion around the plan of care so that the patients have the greatest potential for living their remaining lives the way they want to. It will discuss the importance of preparing the patient and family for the natural progression of disease, symptoms to expect, and how to deal with those symptoms so that a focus on ethics and relationships can be maintained.

**A CALL TO ACTION**

**3:30-4:00 p.m.**  
**Bishop Felton Smith, PhD**  
**Bishop of Tennessee Eastern First**  
**Jurisdiction Church of God in Christ**  
**Hendersonville, TN**



This session will be geared to inspiring others to promote aggressive pursuit of quality life experiences in the end of life. Health care workers will be encouraged to consider carefully the implications and patient opportunity for choice before proceeding with curative technologies which may be inappropriate. More important, health care workers will be encouraged to consider changing the focus of care to maximize those quality of life experiences that are still available to patients and families. It is the desire of those facilitating this conference that more interdisciplinary and community dialog will occur in the Upper Cumberland Region that results in a higher quality of life and preservation of relationship time among loved ones in the end of life. It is our goal that the legacies, stories, and spiritual meaning in the lives of the people of the Upper Cumberland will be more effectively transmitted as a result of our efforts.

**THE MEDICAL SYSTEM**

**11:00-11:50 a.m.**  
**Sally Aldrich, RN, MSN**  
**Administrator, CNO, Home Care,**  
**Hospice & Palliative Services**  
**Methodist LeBonheur Healthcare**  
**Memphis, TN**



Once an end-of-life care plan and goals are established, there are many gaps in support and communication within the health care system that often collapse when patients are transferred to other post acute services and new providers are introduced. This session will focus on methods to identify, develop, and maintain palliative goals of care, in collaboration with acute care facilities, as a patient progresses along the continuum.

**SPEAKER PANEL**  
**QUESTIONS FROM THE AUDIENCE**

**1:30 – 2:20 pm**  
**Dr. James R. Meadows**                      **Sally Aldrich, RN, MSN**  
**Bernice O'Rourke, RN, MSN**        **Dr. Felton Smith**  
**Dr. Hal Chertok**                            **Moderated by: Kim Parrish**

**SEATS ARE LIMITED – REGISTER TODAY!**  
 Registration is required but attendance is free. There is, however, a nominal fee for Contact Hours, CE's and CME's (see registration section). Through the support of generous sponsors, a continental breakfast and lunch will be provided at no charge. If you have special dietary needs please call 931-783-2027.

**PARKING**  
 Available in the TTU Whitson-Hester School of Nursing Parking Lot

**SPONSORSHIP & BOOTH OPPORTUNITIES**  
 For information about becoming a sponsor of this event, please contact Kim Parrish at 931-854-1391 or Gary Curto at 931-783-2003 for more information.

- \$500 - table exhibit and program listing
- \$100 - program listing

**CONFERENCE CO-PROVIDERS**

- CRMC Foundation
- Upper Cumberland Hospice Fund
- CRMC Ethics Committee
- TTU Whitson-Hester School of Nursing

*Special thanks to the Tennessee Hospice Organization for their support and promotion of this educational event.*

**Registration Deadline - Monday, October 17, 2011**



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